

# Term 2

## Y1

|                                   |                                                                                                                                                                                                                                                                                                                                               |                                                                                               |
|-----------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------|
| Obj 1 (min 4 sessions)<br>CAREERS | <b>SKILLSBUILDER- staying positive and aiming high</b><br><i>Use your own SB assessment to progress these skills in your class using resources from the SB website</i>   | Note- these should be interspersed through the term so time is given to implement new skills. |
| Obj 2                             | All different, all special                                                                                                                                                                                                                                                                                                                    |                                                                                               |
| Obj 3                             | Sameness and difference                                                                                                                                                                                                                                                                                                                       |                                                                                               |
| Obj 4                             | What makes a family?                                                                                                                                                                                                                                                                                                                          |                                                                                               |
| Obj 5                             | Different kinds of families                                                                                                                                                                                                                                                                                                                   |                                                                                               |
| Obj 6                             | What makes me me?                                                                                                                                                                                                                                                                                                                             |                                                                                               |
| Obj 7                             | Who cares for me? How do we show care?                                                                                                                                                                                                                                                                                                        |                                                                                               |
| Obj 8                             | Keeping safe at home                                                                                                                                                                                                                                                                                                                          |                                                                                               |
| Obj 9                             | Keeping safe in my body                                                                                                                                                                                                                                                                                                                       |                                                                                               |
| Obj 10                            | Keeping healthy- nutrition and exercise                                                                                                                                                                                                                                                                                                       |                                                                                               |
| Obj 11                            | Keeping healthy- sleep and cleaning                                                                                                                                                                                                                                                                                                           |                                                                                               |
| Obj 12                            | Medicines and household product safety                                                                                                                                                                                                                                                                                                        |                                                                                               |

Celebrating families / safety at home

## Term 2

## Y2

|                                   |                                                                                                                                                                                                                                                                                                                                               |                                                                                               |
|-----------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------|
| Obj 1 (min 4 sessions)<br>CAREERS | <b>SKILLSBUILDER- staying positive and aiming high</b><br><i>Use your own SB assessment to progress these skills in your class using resources from the SB website</i>   | Note- these should be interspersed through the term so time is given to implement new skills. |
| Obj 2                             | My special people                                                                                                                                                                                                                                                                                                                             |                                                                                               |
| Obj 3                             | Growing up – human life cycle                                                                                                                                                                                                                                                                                                                 |                                                                                               |
| Obj 4                             | Everybody's body                                                                                                                                                                                                                                                                                                                              |                                                                                               |
| Obj 5                             | Respecting privacy and personal space                                                                                                                                                                                                                                                                                                         |                                                                                               |
| Obj 6                             | PANTS RULE- NSPCC lesson on personal privacy                                                                                                                                                                                                                                                                                                  |                                                                                               |
| Obj 7                             | What are my strengths and interests?                                                                                                                                                                                                                                                                                                          |                                                                                               |
| Obj 8                             | All about different jobs                                                                                                                                                                                                                                                                                                                      |                                                                                               |
| Obj 9                             | What is money?                                                                                                                                                                                                                                                                                                                                |                                                                                               |
| Obj 10                            | Money choices                                                                                                                                                                                                                                                                                                                                 |                                                                                               |

Me and my body / Money and work

## Term 2

## Y3

|                                   |                                                                                                                                                                                                                                                                                                                                               |                                                                                               |
|-----------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------|
| Obj 1 (min 4 sessions)<br>CAREERS | <b>SKILLSBUILDER- staying positive and aiming high</b><br><i>Use your own SB assessment to progress these skills in your class using resources from the SB website</i>   | Note- these should be interspersed through the term so time is given to implement new skills. |
| Obj 2                             | Healthier eating and drinking habits                                                                                                                                                                                                                                                                                                          |                                                                                               |
| Obj 3                             | Healthier eating- choices and influence                                                                                                                                                                                                                                                                                                       |                                                                                               |
| Obj 4                             | Ready, set, cook!                                                                                                                                                                                                                                                                                                                             |                                                                                               |
| Obj 5                             | Good dental health                                                                                                                                                                                                                                                                                                                            |                                                                                               |
| Obj 6                             | Importance of regular physical activity                                                                                                                                                                                                                                                                                                       |                                                                                               |
| Obj 7                             | Creating and managing passwords                                                                                                                                                                                                                                                                                                               |                                                                                               |
| Obj 8                             | Protecting your devices                                                                                                                                                                                                                                                                                                                       |                                                                                               |
| Obj 9                             | What can we watch? Safe choices                                                                                                                                                                                                                                                                                                               |                                                                                               |
| Obj 10                            | Can we choose what to watch?                                                                                                                                                                                                                                                                                                                  |                                                                                               |
| Obj 11                            | Paying to play                                                                                                                                                                                                                                                                                                                                |                                                                                               |

Building healthy habits / making choices online

## Term 2

## Y4

|                                   |                                                                                                                                                                                                                                                                                                                                               |                                                                                               |
|-----------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------|
| Obj 1 (min 4 sessions)<br>CAREERS | <b>SKILLSBUILDER- staying positive and aiming high</b><br><i>Use your own SB assessment to progress these skills in your class using resources from the SB website</i>   | Note- these should be interspersed through the term so time is given to implement new skills. |
| Obj 2                             | Valuing friendships                                                                                                                                                                                                                                                                                                                           |                                                                                               |
| Obj 3                             | Friendship challenges                                                                                                                                                                                                                                                                                                                         |                                                                                               |
| Obj 4                             | What is bullying?                                                                                                                                                                                                                                                                                                                             |                                                                                               |
| Obj 5                             | Kindness                                                                                                                                                                                                                                                                                                                                      |                                                                                               |
| Obj 6                             | How is money used?                                                                                                                                                                                                                                                                                                                            |                                                                                               |
| Obj 7                             | Making decisions about money                                                                                                                                                                                                                                                                                                                  |                                                                                               |
| Obj 8                             | Saving, loans and spending                                                                                                                                                                                                                                                                                                                    |                                                                                               |
| Obj 9                             | How news affects feelings                                                                                                                                                                                                                                                                                                                     |                                                                                               |
| Obj 10                            | Fake or real news?                                                                                                                                                                                                                                                                                                                            |                                                                                               |
| Obj 11                            | Questioning images in the news                                                                                                                                                                                                                                                                                                                |                                                                                               |

Respectful relationships / money matters

## Term 2

## Y5

|                                   |                                                                                                                                                                                                                                                                                                                                               |                                                                                               |
|-----------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------|
| Obj 1 (min 4 sessions)<br>CAREERS | <b>SKILLSBUILDER- staying positive and aiming high</b><br><i>Use your own SB assessment to progress these skills in your class using resources from the SB website</i>   | Note- these should be interspersed through the term so time is given to implement new skills. |
| Obj 2                             | Managing feelings about the news                                                                                                                                                                                                                                                                                                              |                                                                                               |
| Obj 3                             | Spotting fake news                                                                                                                                                                                                                                                                                                                            |                                                                                               |
| Obj 4                             | Understanding that news is targeted                                                                                                                                                                                                                                                                                                           |                                                                                               |
| Obj 5                             | Climate-Connecting with nature                                                                                                                                                                                                                                                                                                                |                                                                                               |
| Obj 6                             | Climate- actions                                                                                                                                                                                                                                                                                                                              |                                                                                               |
| Obj 7                             | Climate- Doing it together                                                                                                                                                                                                                                                                                                                    |                                                                                               |
| Obj 8                             | Giving and seeking consent                                                                                                                                                                                                                                                                                                                    |                                                                                               |
| Obj 9                             | Personal boundaries                                                                                                                                                                                                                                                                                                                           |                                                                                               |
| Obj 10                            | Appropriate and inappropriate touch                                                                                                                                                                                                                                                                                                           |                                                                                               |
| Obj 11                            | How do I respect boundaries of others?                                                                                                                                                                                                                                                                                                        |                                                                                               |

Positively engaging with the world / respecting boundaries

## Term 2

## Y6

|                                   |                                                                                                                                                                                                                                                                                                                                               |                                                                                               |
|-----------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------|
| Obj 1 (min 4 sessions)<br>CAREERS | <b>SKILLSBUILDER- staying positive and aiming high</b><br><i>Use your own SB assessment to progress these skills in your class using resources from the SB website</i>   | Note- these should be interspersed through the term so time is given to implement new skills. |
| Obj 2                             | Puberty- physical and emotional changes                                                                                                                                                                                                                                                                                                       |                                                                                               |
| Obj 3                             | Becoming independent                                                                                                                                                                                                                                                                                                                          |                                                                                               |
| Obj 4                             | Positive, healthy relationships                                                                                                                                                                                                                                                                                                               |                                                                                               |
| Obj 5                             | The importance of a good night's sleep                                                                                                                                                                                                                                                                                                        |                                                                                               |
| Obj 6                             | Medicines and appropriate use                                                                                                                                                                                                                                                                                                                 |                                                                                               |
| Obj 7                             | Legal and illegal substances                                                                                                                                                                                                                                                                                                                  |                                                                                               |
| Obj 8                             | Influences and pressure                                                                                                                                                                                                                                                                                                                       |                                                                                               |
| Obj 9                             | Tobacco, vaping and alcohol in the media                                                                                                                                                                                                                                                                                                      |                                                                                               |

Puberty / health risks from substances