



## P.E Curriculum Map 2025-26

Class	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception Physical Development	Throwing and Catching	Gross and fine motor skills (Gymnastics FUNdamentals)	Dance Throwing and catching	Movement and agility	Running and jumping	Co-ordination
Year 1	Bean bag and ball catching	Gymnastics (Key Steps)	Dance Throwing and catching	Movement/tag games	Athletics	Goalball
Year 2	Bean bag and ball catching	Gymnastics (Key Steps)	Dance Throwing and catching	Movement/tag games	Athletics	Bench ball
Year 3	Bench ball <span style="color: blue;">Swimming</span>	Gymnastics (Key Steps) <span style="color: blue;">Swimming</span>	Dance Invasion games	Dodgeball	Athletics	Racquet Sports
4 Year 4	Handball	Gymnastics (Core Proficiency 8-6)	Dance <span style="color: blue;">Swimming</span>	Football <span style="color: blue;">Swimming</span>	Athletics	Racquet Sports
5 Year 5	Netball	Gymnastics (Core Proficiency 6-4)	Dance Hand ball	Hockey <span style="color: blue;">Swimming</span>	Athletics <span style="color: blue;">Swimming</span>	Racquet Sports
6 (Year 6)	Tag Rugby	Gymnastics (Core Proficiency 4-1)	Dance Sports hall athletics	Volleyball	Athletics <span style="color: blue;">Swimming</span>	Racquet Sports Orienteering <span style="color: blue;">Swimming</span>

■ Durham Council swimming lessons